



Ruta Maya

Online at
www.RutaMaya.Net

3601 South Congress Avenue • Penn Field Business Park • Austin, Texas

Check Our ONLINE CALENDAR for Complete Listings and Information on
All Our Music, Poetry, Yoga and Community Wellness Classes!

FREE YOGA CLASSES SIX DAYS A WEEK!

Mondays 8:00 AM - 9:00 AM
Monday Morning Hatha Flow with Pamela Brewer

Mondays 5:30 PM - 6:30 PM
Happy Hour Yoga with Chere Chancey

Tuesdays 9:00 AM - 10:00 AM
Vinyasa Yoga with Pamela Brewer

Wednesdays 8:00 AM - 9:00 AM
Wednesday Morning Hatha Flow Yoga with Pamela Brewer

Wednesdays 5:30 PM - 6:30 PM
Happy Hour Yoga with Chere Chancey

Thursdays 9:00 AM - 10:00 AM
Tuesday Morning Hatha Yoga with Pamela Brewer

Fridays 8:00 AM - 9:00 AM
Hatha Yoga with Pamela Brewer

Saturdays 10:00 AM - 11:00 AM
Family Yoga for Kids with Cindy Haws

Saturdays 12:00 PM - 1:00 PM
Hatha Yoga with Pamela Brewer

FREE KIDS SHOWS EVERY SUNDAY 10:30 AM

Sunday, June 6 - Staci Gray

Sunday, June 13 - Theater Action Project

Sunday, June 20 - Big Don Hip Hop for Kids

Sunday, June 27 - Mr. Johnny & Sharon

JUNE COMMUNITY CLASSES FREE WITH PURCHASE FROM CAFÉ!

Mondays & Wednesdays 1:00 PM - 3:00 PM

Informal Classes with Professor George Doig Include Latin Tutorial, Medical Terminology and English Word Power. Please telephone 567-6298 to RSVP.

Tuesdays 1:00 PM - 2:30 PM

Tai Chi

Musician Guy Forsyth leads a Tai Chi martial arts therapy practice for the purposes of health and longevity.

Wednesdays 7:30 PM - 8:30 PM

Intro to Salsa Dance Lessons

FREE Intro to Salsa lessons from Street Salsa. Stay to dance to the music of La Mona Loca from 9 PM to midnight for \$7 cover.

Sundays 5 PM -7 PM

Guitar Lessons

Guitar virtuoso Luis Banuelos whose repertoire includes flamenco, indy rock, soul and hip-hop offers FREE informal guitar lessons for all levels.

OTHER CLASSES

Fridays 10:30 AM - 11 AM - ¡Hola, Amigos! Spanish for Children & Parents

Teacher Beth Bernstein uses pictures, objects, games and songs as a fun way to introduce children and parents to Spanish. **\$10 per class for each parent and child pair.**